HEAT STRESS ADVISORY CHART



	ADVISORY LEVEL	NORMAL PPE	ADDITIONAL PPE
<110° F >100° F		 Fluids – Every 30 Minutes (Mandatory) Temp. Inside Confined Space Cannot Exceed 100° F – (Mandatory) Implement at Least <u>One</u> of the Following: External Cool Device (AC) Personal Cool Device (Cool Vest) Rotate Personnel, Buddy System/Add to Work Team Plan Work at Cooler Time of Day 	 Heat Stress Prevention Plan Required Fluids – Every 20 Minutes (Mandatory) Temp. Inside Confined Space Cannot Exceed 100° F – (Mandatory) Consider Alternate Work Plan Implement at Least <u>Two</u> of the Following: External Cool Device (AC) Personal Cool Device (Cool Vest) Rotate Personnel, Buddy System/Add to Work Team Plan Work at Cooler Time of Day
<100° F >90° F		 Fluids – Every Hour (Recommended) Rest Breaks – Every 2 Hours (Recommended) Cool Device - (Optional) 	 Fluids – Every Hour (Recommended) Temp. Inside Confined Space Cannot Exceed 100° F – (Mandatory) Implement at Least <u>One</u> of the Following: Nitrogen (Cooled) External Cool Device (AC) Personal Cool Device (Cool Vest) Rotate Personnel, Buddy System/Add to Work Team Plan Work at Cooler Time of Day (If Possible)
<90° F >80° F		 Fluids - Maintain Adequate Hydration Rest Breaks – Self Pace Cool Device – (Optional) 	 Fluids – Every Hour (Recommended) Rest Breaks – Every 2 Hours (Recommended) Cool Device – (Optional)